

# Apple and Banana Muffins

Makes 8

## Ingredients

150g self-raising flour

1 1/2 teaspoons baking powder

50g caster sugar

100ml semi-skimmed milk

1 egg

1 1/2 teaspoons ground cinammon

1 apple

1banana

## Method

1. Turn on the oven to 200°C.

2. Put 8 cake cases in a muffin tin.



3. Sieve the flour and baking powder into a mixing bowl.



4. Add the cinnamon.



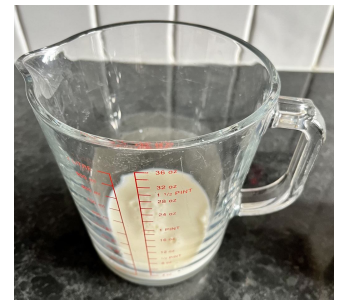
5. Add the sugar.



6. Stir.



7. Pour the milk into the measuring jug.



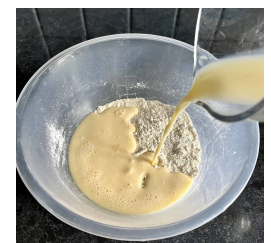
8. Add the egg.



9. Whisk to mix the milk and the egg.



10. Pour into the bowl with the flour mixture.



11. Peel, core and chop the apple.

12. Add the apple to the bowl.



13. Mash the banana.



14. Add the banana to the bowl.



15. Mix.



16. Put spoonfuls of mixture into the cake cases.



17. Bake for 20-25 minutes until golden.



18. Cool on a cooling rack.